



# Preparedness Checklist



Done?	<b>MAKE PLANS</b>	Notes
	For loved ones, pets & neighbors	
	Employer and co-worker	
	Crisis Communication Plans	
	Evacuation Plans	
	Reunification Plans	
Done?	<b>MITIGATE HAZARDS</b>	Notes
	Know the hazards	
	Secure heavy and tall items	
	Secure cabinets in kitchen	
	Strap down your water heater	
	Learn utility shut-off procedures	
	Retrofit your home	
Done?	<b>BUILD OR BUY A KIT(S)</b>	Notes
	Home Kit (2-3 week supply)	
	Car & work (3 day supply)	
	1 gallon water per person/day	
	Non-perishable food	
	Cash & Important documents	
	Personal medications	
	Extra clothing/shoes (next size up for kids)	
	Flashlights and batteries	
	Blankets, sleeping bags and tents	
	Non-electric can opener	
	Battery or crank portable radio	
	Toothbrush, paste & dental floss	
	Soap and shampoo	
	Chapstick, bug repellent & sunscreen.	
	Feminine hygiene	
	First aid kit	
	Paper towels	
	Shovels, scissors, crowbars, other tools	
	Plastic garbage bags	
	Infant & pet needs	
	Entertainment	
Done?	<b>TRAINING AND EXERCISING</b>	Notes
	Get trained in first aid and CPR	

	Get preparedness training	
	Learn how to use a fire extinguisher	
	Conduct Fire Drills & Exercises	
	Conduct Earthquake Drills and Exercises	
	Take a CERT training course	
	Neighborhood plans (MYN & SNAP)	
	Join neighborhood HUBS	
	Maintain and update plans	
<b>Done?</b>	<b>STAY INFORMED</b>	<b>Notes</b>
	Sign up for reverse alerts	
	Monitor am/fm radios	
	Monitor weather alerts (NOAA radios)	
	ht2consulting.com (tips)	