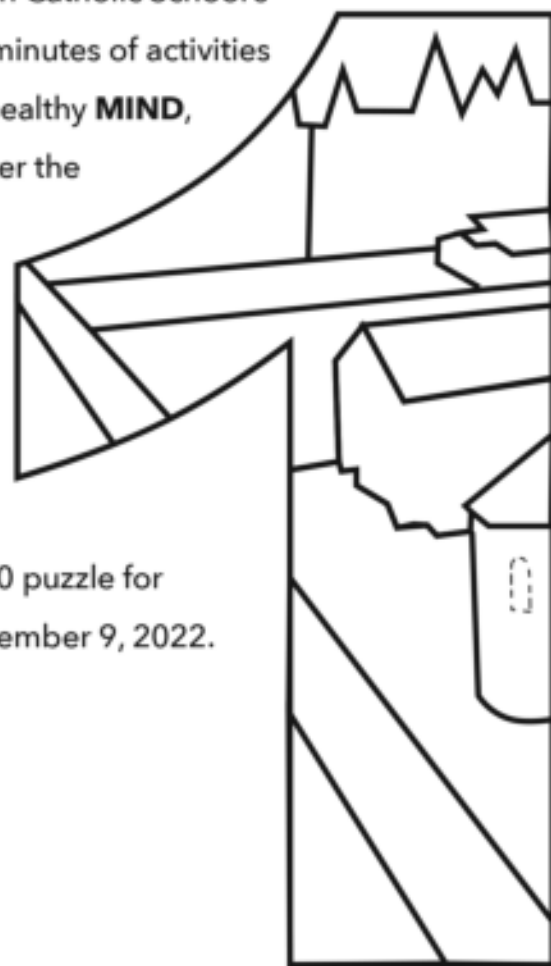


# Summer Incentive Coloring Page

Let's celebrate St. John Catholic School's Centennial with 100 minutes of activities a week to support a healthy **MIND**, **BODY**, and **SPIRIT** over the summer. Recommended: 20 minutes of daily activity for five days a week adding up to 100 minutes a week.

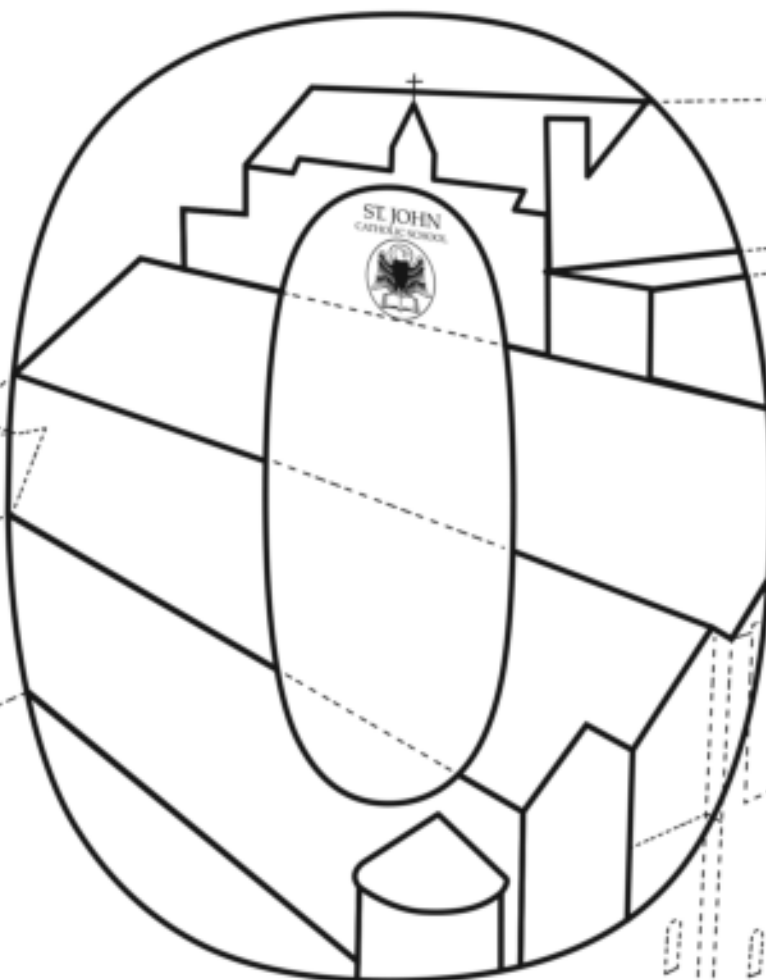
**Prize:** Fill out your 100 puzzle for **FREE DRESS** on September 9, 2022.



## MIND

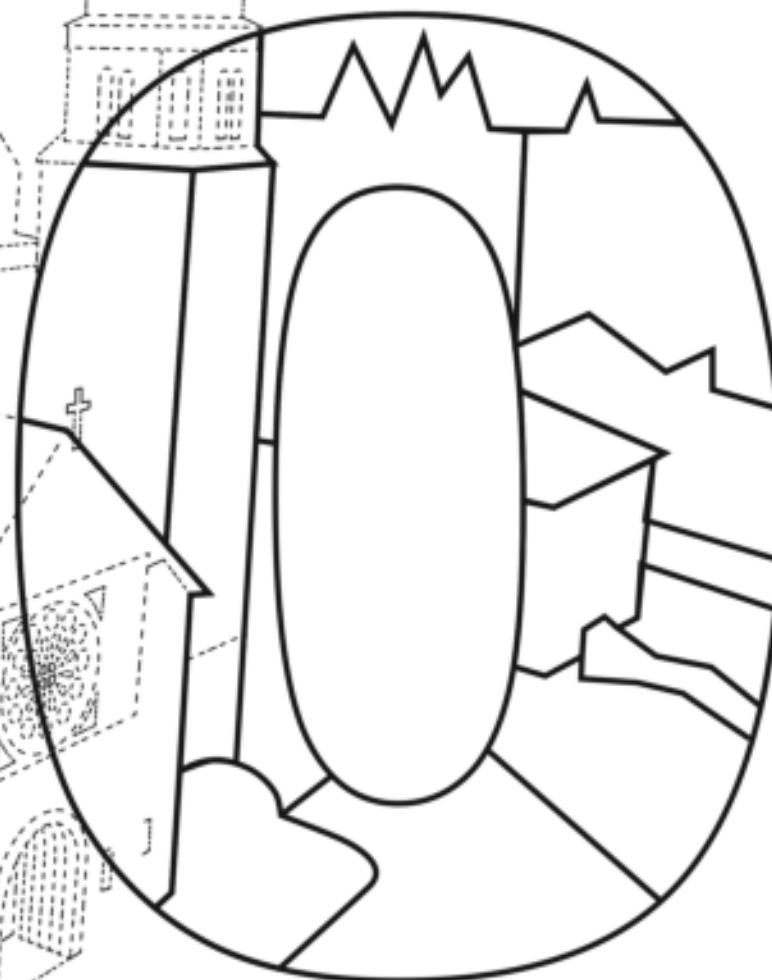
For every 20 minutes that you read, complete workbook pages, study math facts, write a poem or story, practice keyboarding, color one of the 16 spaces above.

Find more activity ideas at <https://st-johnschool.org/student-activities/summer-school-2/>



## BODY

For every 20 minutes that you run, swim, bike, hike, skateboard, dance, yoga, jump rope, or other activity, color one of the 17 spaces above.



## SPIRIT

For every 20 minutes you pray, attend Mass, volunteer, help your parents with chores, are kind to others, color one of the 17 spaces above.