



PAUL DENNIS ETIENNE  
BY THE GRACE OF GOD AND  
THE AUTHORITY OF THE APOSTOLIC SEE  
ARCHBISHOP OF SEATTLE

### DISPENSATION FOR SAINT PATRICK'S DAY

The 40 days of Lent are a preparation for the great celebration of the Triduum and the 50 days of Easter. During this penitential season we aim to join ourselves ever more closely to Christ who suffered and died for us to conquer sin and death. As part of our Lenten practice, Catholics are asked to abstain from meat on Fridays during Lent.

**Whereas**, the law of abstinence from meat binds those who have completed their fourteenth year (canon 1252); and

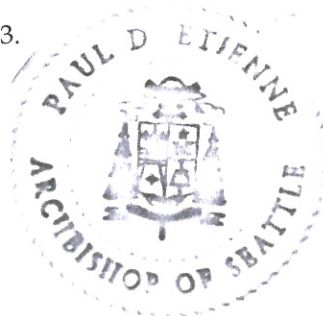
**Whereas**, this year, the March 17<sup>th</sup> Memorial of Saint Patrick falls on a Friday in Lent; and

**Whereas**, Saint Patrick's Day is traditionally commemorated with special celebrations.

**Now, Therefore**, I decree that on Friday, March 17, 2023, all Catholics of the Archdiocese of Seattle, no matter where they may be, and all other Catholics present here in the archdiocese on that day, are hereby dispensed from the obligation to abstain from meat.

I encourage all who make use of this dispensation to engage in another penitential or charitable act that day.

Given at the Chancery  
of the Archdiocese of Seattle  
this 8<sup>th</sup> day of February,  
in the year of our Lord, 2023.



Handwritten signature of Paul D. Etienne in blue ink.

Most Rev. Paul D. Etienne, DD, STL  
Archbishop of Seattle

Handwritten signature of Benjamin Altenhofen in blue ink.

Benjamin Altenhofen  
Chancellor