CYO Track and Field, Spring 2023

Practice Information
Practice starts Tuesday, April 4, 7-8:30pm at Nathan Hale High School. Practice schedule is as follows:
- Tuesdays, Nathan Hale High School, 7-8:30pm
- Thursdays, Whitman Middle School, 6:30-8pm
- Fridays, Nathan Hale High School, 7-8:30pm

Information for Coaches
This information is for volunteer coaches who have NEVER completed Play Like a Champion Today (PLACT) Coaches Training. In addition to Safe Environment training, all volunteer CYO coaches are required to take the Play Like a Champion Today (PLACT) Coaches Training.

- This is a one-time requirement
- Volunteers must attend the full session (sign in with a provided link and complete the pre-clinic before they attend the session to receive credit. Directions for signing up are below.)
- Taking the coach clinic meets the parent training requirement for that household
- Brand new coaches (first season) do not need to take the training - it is only a requirement if a coach is returning past their first season
- Next session: April 27 at 6:30pm

Information for Parents
This information is for parents of participating students who have NEVER attended the Parent Like a Champion Workshop:

- This is a one-time requirement
- Only one parent needs to take the training per household
- They must attend the full session and sign in with a provided link to receive credit (directions for signing up are below)
- Next sessions: May 2, 9am and May 3, 7pm

<u>Registration Information for Play Like A Champion Today (PLACT) Coaches Training or Parent Like a Champion Workshop</u>

- Go to [TeamSideline](#)
- Scroll to find **PLACT Coaches Training - Fall 2022** or **Parent Like A Champion Workshop Registration - Fall 2022**
- Select Enroll and sign in
- For Enrollee, select your name or "add enrollee" if you do not see your name
- For Enrollment Type, select "General"
- For Program, select "PLACT Coaches Training - Fall 2022" or "Parent Like A Champion Workshop Registration - Fall 2022"
- For Offering, select the date you will attend