Blessing of the Backpacks Friday, September 22, 8:15am School Parking Lot & Sunday, September 24 10:30am Mass

The annual Blessing of the Backpacks will take place on <u>Friday, September 22 at 8:15am</u> on the school parking lot, and on <u>Sunday, September 24 at the 10:30am Mass</u>, when Fr. Crispin will bless the backpacks with donated food. This is a great opportunity for our parish and school families to participate directly in the support of those in our community most in need.

As was the case last year, there have been changes in the food needs and distribution at Broadview-Thomson K-8 School. They still provide food that goes home with students on the weekends that includes snacks and non-perishable food items, but they no longer provide the daily food pantry for the school and the community. They also do not have the physical space to store as much food in their pantry.

Once again, we will split the food donations between BTK-8 and our St. Vincent de Paul food pantry here at St. John. Currently, our St. Vincent de Paul food pantry is quite low, so your donations will help a lot.

Don't have a student at St. John, but still want to support BTK-8 & St. Vincent de Paul? Donations can be dropped off in the Parish Office September 20th through 22nd or at Masses the weekend of September 24th & 25th.

Questions? Contact Teresa Gillett at 206-782-2810 ext.355 or taillett@stjohnsea.org

Please do not include glass containers.

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Nut-free granola bars/snack bars

Goldfish

Cheeze-Its

Pretzels

Apple sauce or other fruit pouches

Pop Corn (bags)

Chips

Sandwich Crackers (cheese, mainly)

Crackers/Cheese packs

Seaweed

Any non-perishable, nut-free, individually packaged .

snacks

Non-perishable food items:

Whole Rolled Oats or Quick Oats (not the flavored packets)

Pancake Mix, Syrup

Cereal - large boxes and small, individual boxes

Cooking Oils

Flour and Sugar

Whole Beans - black beans, pinto beans, garbanzo beans

Dried pasta

Pasta sauce/tomato sauce

Nut butters

Ramen

Macaroni and Cheese

Tuna/Chicken (canned)

Rice

Canned Soup

Chef Boyardee type things like Spaghetti O's, Meatballs,

Ravioli

Canned Chili

Canned vegetables

Canned tomatoes

Canned White Beans, Refried Beans, Kidney Beans

Gluten-Free items

Dried lentils & beans

Peanut Butter

Jams/jellies