



St. John Catholic School

2024 Summer



Scholastic Olympics



Stay on top of your GAME! Challenge yourself by completing

activities in each of the rings to earn
free dress day!

MIND

BODY

SPIRIT

GROW
your own plant

Write and send a postcard

Read a magazine article

Write a poem

Sit quietly in nature
and take 20 deep
breaths

Help a
grownup cook a meal

Walk your pet

Help weed a yard

Design an obstacle course

Play
flashlight
tag

Play
a board
game

Play a card game

Practice counting money

Study math facts

Complete ten
IXL lessons

Read
a book
then watch
the movie version

Participate
in a library program

Swap a book with a friend

READ A BOOK OUTSIDE

Read a book by a
new-to-you author

Pray a decade
of the rosary

Write a letter of gratitude to
someone who was helpful

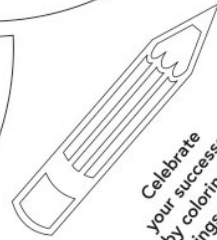
Attend Mass

Do a chore
for a neighbor

Create a prayer space
in your house or
yard

MATH

READING



Celebrate
your successes
by coloring the
rings as you
go along.