



St. John Catholic School

2024 Summer



Scholastic Olympics



Stay on top of your GAME! Challenge yourself by completing

activities in each of the rings to earn

free dress day!

MIND

GROW
your own plant

Write and send a postcard

Read a magazine article

Write a poem

Sit quietly in nature
and take 20 deep
breaths

BODY

Visit a park

Jump rope for 5 minutes

**Go swimming
with your family**

Try a new food

**Help
weed a
yard**

SPIRIT

PRAY
a Hail Mary

Say a prayer of thanks
Attend Mass

Make a Saint card

**Draw a
Bible story**

MATH

Say
or write
all the
numbers
from 1 to 200

Count by two, fives, and tens

PRACTICE READING A CLOCK

Write math problems for
someone to solve

Play a game with a dice

READING

Read
a book
then watch
the movie version

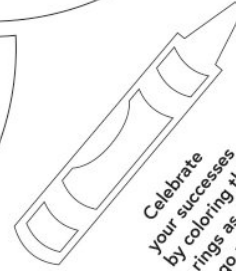
Participate
in a library program

Read a book to a pet or stuffed animal

READ A BOOK OUTSIDE

Read 5 picture
books in one day

READING



Celebrate
your successes
by coloring the
rings as you
go along.