

SOCIAL SKILLS GROUP REFERRALS

Name of Practice	Insurance & Rates	Overview
Aspiring Youth	Does not bill insurance. Groups are \$650 for 10 sessions	<p>Aspiring Youth offers two key types of groups:</p> <ol style="list-style-type: none"> 1) Traditional age-based social skills groups for children ages 5-18 2) Activity-based and game-based groups including: rock climbing, gardening, building and inventing, arts, running, tabletop games, Dungeons and Dragons, Roblox, and so much more. Groups include a facilitator who tailors the group to the particular needs of the participants. <p>Website: https://aspiringyouth.net/social-skills-groups/</p>
Game to Grow	Does not bill insurance. Groups are \$660 for 11 sessions	<p>Game to Grow offers play-based groups for middle and high schoolers. Some of the group offerings include: Tabletop Role-Playing Games, Mastering Minecraft, and Magic & Mindfulness. All groups focus on developing social skills and social confidence and include a trained facilitator who provides real time coaching.</p> <p>Website: https://gametogrow.org/groups/</p>
PEERS Play	Does not bill insurance. Groups are \$85/session	<p>PEERS Play offers social skills groups for children ages 3-7. Through play and interactive activities with same aged peers, children learn skills related to increasing their engagement, emotional regulation, social interactions, and communication.</p> <p>Website: https://www.peersplay.com/ourservices</p>
The Center NW	Call to inquire	<p>The Center NW offers social skills groups for children ages 11-14. Groups meet weekly at different Seattle venues for two hours and participants engage with peers over fun activities such as cooking class, museum tours, and walks/hikes. The social skills emphasized include communication, wellness, and self-advocacy.</p> <p>Website: https://centernw.com/new-page</p>