

# ParentEd

## Talks

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## Parenting isn't easy. We're here to help.

St. John Catholic School is excited to partner with ParentMap to offer our school community FREE access to the ParentEd Talks webinar series (\$120 value). With 12 renowned speakers, we'll cover building resilience, navigating screen time, mental health, fostering independence and more essential topics.



### Our lineup of powerhouse parenting experts includes:



Social psychologist **Jonathan Haidt**, author of "The Anxious Generation"



Pediatric psychologist **Dr. Ann-Louise T. Lockhart**



Renowned ADHD expert **Dr. Ned Hallowell**



**Lenore Skenazy**, author of "Free Range Kids"



**Dr. Alok Kanojia**, psychiatrist and cofounder of Healthy Gamer



Mental health counselor **Janine Halloran**, founder of Coping Skills for Kids

**And more!**

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